# Learning Pod Self Reflection

Please answer the following questions in this document in preparation for your initial team meeting. This information will allow your team members to get to know how you work best so that the group can make team agreements that work for all.

What is your preferred mode of remote communication?

I like zoom for video call or any messaging through Instagram, facebook, or just texting.

What are your communication strengths?

I like to think that I am very respectful and clear when communicating. I appreciate having a good listener when speaking so I try to be one myself.

What are your communication weaknesses? Where would you like to grow?

I sometimes struggle with getting back to people if it isn't something important. But for a class or anything with a deadline, I am very vigilant about it and will even set up reminders to check in with people.

Do you consider yourself an introvert or extrovert?

I am an extrovert.

What time zone are you in?

I am in the Pacific Time Zone.

What time of day do you prefer doing academic work?

I like to do academic work in the late afternoon up until 11 pm.

When you are upset do you tend to share this with others or keep it to yourself?

I share this with others if it has something to do with other people or they can help me with my problem, otherwise I try to figure things out by myself first.

What do you like about group work?

I like collaborating with others, seeing things from different point of views, and having a product that shows all of our work together.

What don't you like about group work?

Sometimes people have different ways of thinking or different standards that are hard to work with in group projects. Trying to work throught these differences can be worth it though if everyone makes an effort to be understanding and communicate well.

What else would you like your team to know?

I am available for meeting up but would prefer to do this virtually when possible!